



Transition: From School to the Rest of your Life

November 18, 2020

Transición: De la Escuela al Resto de tu Vida

18 de noviembre, 2020

What is transition and transition services?

¿Qué es transición y qué son los servicios de transición?

- Transition is:


La transición es:

- The focus on the education and training needed to help student reach their long-term goals

El enfoque en la educación y la capacitación necesarias para ayudar a los estudiantes a alcanzar sus metas a largo plazo

- Facilitates the movement from school to post-school activities.
Facilita el movimiento de la escuela a las actividades postescolares.

- College / *La Universidad*
- Employment / *Empleo*
- Training Program / *Programa de Entrenamiento*
- Independent Living / *Vida Independiente*

- 
- Takes into account the student's needs, preferences, strengths and interests

Toma en cuenta las necesidades, preferencias, fortalezas e intereses del estudiante.

Why is transition important?

¿Por qué es importante la transición?

- Prepares students for change

Prepara a los estudiantes para el cambio

- Ensures that appropriate steps are being taken

Garantiza que se estén tomando las medidas adecuadas

- Helps students become more self-determined and motivated

Ayuda a los estudiantes a ser más autodeterminados y motivados

- Helps students identify possible avenues of employment, education, and training

Ayuda a los estudiantes a identificar posibles vías de empleo, educación y capacitación.

When is transition discussed?

¿Cuándo se habla de la transición?

- Transition services start to be discussed during the IEP meeting when the student is turning 14 years of age

Los servicios de transición comienzan a discutirse durante la reunión del IEP cuando el estudiante cumple 14 años.

- However, parents may request to develop a transition plan at any age

Sin embargo, los padres pueden solicitar desarrollar un plan de transición a cualquier edad.







Who is involved?

¿Quién está involucrado?

- Student / *Estudiante*
- Parent/Guardian, *Padres/Guardianes*
- Teachers / *Maestros*
 - General Ed / *Educación General*
 - Special Ed / *Educación Especial*
- Local School Administration / *Administración de la escuela local*
- Outside agencies / *Agencias externas*







Preparation 14-16 year old's

Preparación para niños de 14-16 años

| | 14-15 Year Olds | 15-16 Year Olds |
|--------------------------------------|---|---|
| Education/Training After High School | <ul style="list-style-type: none"> <input type="checkbox"/> Talk with your school and/or agency supporters about your interests and what you want to study after high school. <input type="checkbox"/> Study websites to learn about training, technical school, college programs and classes where you can explore an interest or hobby. Visit at least one of these educational programs. <input type="checkbox"/> Meet with your school's transition coordinator to make sure you are taking the right classes for your goals. <input type="checkbox"/> Understand your disability. Ask for your own accommodations and/or assistive technology.  | <ul style="list-style-type: none"> <input type="checkbox"/> Learn how accommodations may be different at the educational program you've chosen for after high school, so you can start to prepare. <input type="checkbox"/> If you've chosen college, sign-up for the PSAT test (given in fall of sophomore and junior years) and make an appointment with your guidance counselor to talk about colleges and your plan for applying. <input type="checkbox"/> Visit technical schools or certificate programs you may be interested in.  |
| Employment | <ul style="list-style-type: none"> <input type="checkbox"/> Sign up to volunteer and job shadow during school and/or summer months. <input type="checkbox"/> Start keeping a list of the names, email addresses, and phone numbers of people who can be references for jobs. <input type="checkbox"/> Learn about programs at your local career and technical education (CTE) centers. If you are interested, ask to visit. If you like it, learn how to apply.  | <ul style="list-style-type: none"> <input type="checkbox"/> To get ready for a job, practice filling out job applications and answering questions an employer might ask you. <input type="checkbox"/> Ask your school and/or agency supporters for help with on-the-job training, job exploration, and/or part-time employment in your areas of interest. Your school can help you get this experience during school and during the summer. <input type="checkbox"/> Ask your parents/guardians to sign forms that will allow Office of Vocational Rehabilitation (OVR) and/or other adult agencies to come to your transition meetings.  |
| Community Living | <ul style="list-style-type: none"> <input type="checkbox"/> Join an activity at your school, community, or place of worship. <input type="checkbox"/> Practice asking for what you need during your IEP and other meetings. <input type="checkbox"/> Ask about certified transportation training at your IEP meeting. <input type="checkbox"/> Know the medications you take (names, dosage, why you're taking them). Talk with your doctor about sexuality and boundaries, and about how behaviors like smoking and drinking affect our bodies. <input type="checkbox"/> If you have an intellectual disability and no one has contacted the County's Office of Intellectual Disabilities (OID), ask your parents/guardians to call the county to complete an intake to register for services. <input type="checkbox"/> If needed, create an Individual Health Plan with your doctor and school nurse.  | <ul style="list-style-type: none"> <input type="checkbox"/> Talk with your school and/or agency supporters about the possibility of funding through Medicaid Waivers. <input type="checkbox"/> Keep a list of your medical conditions and physicians. Be able to describe your health needs. <input type="checkbox"/> If you have questions about your emotional or mental health, talk to your parents/guardians, school or agency supporters, and your medical team. You can also call the county crisis line for help. <input type="checkbox"/> Find out about adult agencies (like OVR) that can help you prepare for work, training, and independent living. The back of this checklist has a list of these agencies. <input type="checkbox"/> Keep copies of your medical, education, and government papers in a file to have ready when you need them. <input type="checkbox"/> Learn the differences between wants and needs, and the differences between earned and unearned income.  |

Preparation 16-21 year old's

Preparación para niños de 14-16 años

| | 16-17 Year Olds | 18-21 Year Olds |
|--------------------------------------|--|--|
| Education/Training After High School | <ul style="list-style-type: none"> <input type="checkbox"/> If your goal is a trade or higher education, sign up for standardized tests in your junior year and ask for any testing accommodations you might need. <input type="checkbox"/> Ask your counselor about financial aid to pay for tests and test-prep classes and books. <input type="checkbox"/> Apply to these schools during the fall of your senior year. If needed, apply for financial aid during the winter.  | <ul style="list-style-type: none"> <input type="checkbox"/> Know how to access current documentation of your disability before you leave high school. <input type="checkbox"/> Contact the office for disability services and support at the school you'll be attending. Let them know the accommodations you need. <input type="checkbox"/> Talk with your IEP team about how you can use your "Summary of Academic Achievement and Functional Performance" after high school. <input type="checkbox"/> Make sure you have the assistive technology you need as you leave high school.  |
| Employment | <ul style="list-style-type: none"> <input type="checkbox"/> Research 5 to 10 jobs that interest you and discuss what accommodations you may need. <input type="checkbox"/> Apply for part time, summer, and/or weekend jobs. Ask for help finding good matches with your skills, interests, and location.  | <ul style="list-style-type: none"> <input type="checkbox"/> Ask adult agencies to come to your IEP meetings at school to assist with job placement, training, and accommodations. <input type="checkbox"/> Ask your school and agency supporters for help in arranging community-based, on-the-job training, and employment in your areas of interest. They can help you with this for work during school, nights and weekends, and during the summer.  |
| Community Living | <ul style="list-style-type: none"> <input type="checkbox"/> Decide whether you want to live independently after graduation. Talk with your family, school and agency supporters about options for housing. <input type="checkbox"/> Learn about community activities you can get involved in. <input type="checkbox"/> Apply for a driver's license or state ID card. <input type="checkbox"/> If needed, apply for Supplemental Security Income-Social Security (SSI) and Medical Assistance (health insurance). Ask for help to understand working and adult benefits. <input type="checkbox"/> If possible, schedule and attend at least some of your medical appointments by yourself. <input type="checkbox"/> Practice budgeting your money and develop savings goals. <input type="checkbox"/> If you have autism, call the Bureau of Autism Services to request information about applying for their adult autism programs. A parent/guardian can also call on your behalf.  | <ul style="list-style-type: none"> <input type="checkbox"/> If your goal is to live on your own or with a roommate, talk with your family, school and agency supporters. <input type="checkbox"/> Contact the Special Needs Units (Medicaid plans) or Customer Service (private health plans) to choose a physician who treats adults. Ask your pediatrician to send a transfer summary of your records. <input type="checkbox"/> Verify your healthcare insurance coverage and continuation of benefits past age 18. <input type="checkbox"/> Apply for Personal Assistance Services, if needed. <input type="checkbox"/> Register to vote (age 18). Young men need to register for the Selective Service after their 18th birthday. <input type="checkbox"/> Practice getting around your community by taking public transportation or arranging medical transportation.  |

Transition on the IEP / *Transición en el IEP*

POST SCHOOL GOALS - Based on age appropriate assessment, define and project the appropriate measurable postsecondary goals that address education and training, employment, and as needed, independent living. Under each area, list the services/activities and courses of study that support that goal. Include for each service/activity the location, frequency, projected beginning date, anticipated duration, and person/agency responsible.

For students in Career and Technology Centers, CIP Code:

| |
|--|
| |
|--|

| Postsecondary Education and Training Goal: | | | | | Measurable Annual Goal Yes/No (Document in Section V) |
|---|----------|-----------|--------------------------|----------------------|--|
| Courses of Study: | | | | | |
| Service/Activity | Location | Frequency | Projected Beginning Date | Anticipated Duration | Person(s)/Agency Responsible |
| | | | | | |
| | | | | | |
| Employment Goal: | | | | | Measurable Annual Goal Yes/No (Document in Section V) |
| Courses of Study: | | | | | |
| Service/Activity | Location | Frequency | Projected Beginning Date | Anticipated Duration | Person(s)/Agency Responsible |
| | | | | | |
| | | | | | |

Organizations that Assist *Organizaciones que Ayudan*

- The Office of Vocational Rehabilitation / *La Oficina de Rehabilitación Vocacional*
 - Assists with work, training, and college preparation and finances. / *Ayuda con el trabajo, la capacitación y la preparación universitaria y las finanzas.*
- Bureau of Autism Services / *Oficina de Servicios para el Autismo*
 - Assists children and adults with Autism Spectrum Disorder / *Ayuda a niños y adultos con trastorno del espectro autista*
- ETC.

| Adult Agencies | |
|---|--------------|
| Bureau of Autism Services | 866-539-7689 |
| Bureau of Children's Behavioral Health Services | 717-705-8289 |
| CareerLink | 717-787-3354 |
| Department of Human Services | 800-692-7462 |
| Office of Developmental Programs | 888-565-9435 |
| Office of Vocational Rehabilitation | 800-442-6371 |
| Pennsylvania Statewide Independent Living Council | 717-364-1732 |
| Pennsylvania Elks Home Service Program | 800-986-4550 |
| Social Security Administration | 800-772-1213 |
| Pennsylvania Office of Long Term Living | 866-286-3636 |